



# Compassionate Seattle:

Be a part of history  
April 24, 2010!

## It's Up to Us!

## Join 2008 TED Prize Winner Karen Armstrong As Seattle becomes the First City in the World To Affirm the Charter for Compassion

Join the all day Festival with amazing Speakers, Panelists  
and the first ever Compassion Exchange.

### 9:00AM – 5:00PM: Compassion Showcase and Exchange

Karen Armstrong will give a keynote. The Seattle City Council will sign a joint proclamation affirming the Charter for Compassion. A Compassion Showcase with inspirational speakers James O'Dea, and Courtney E. Martin, and panel dialogues with local organizations. Topics include:

- Personal and Intergenerational Compassion
- Compassion in Business, Institutions, and Society
- Thriving Communities and Caring for the Earth

During the Compassion Exchange, attendees can pledge their time, talent or treasure to support the ongoing work of the organizations. Come tell your Tales of Compassion as part of a report back to His Holiness the Dalai Lama

### 5:00PM – 7:30PM: Celebration

Local artists, musicians, politicians, and actors celebrate compassion with further remarks from Karen Armstrong.

**Date:** Saturday, April 24, 2010  
9:00AM - 7:30PM

**Where:** Center for Spiritual Living  
5801 Sandpoint Way Northeast  
Seattle, Washington 98105 USA

**Tickets:** \$25 Full Day Pass

- \$10 Evening Celebration Only
- \$10 Optional Brown Bag Lunch
- Student Rates and No One Turned Away

**Purchase tickets online at**

<http://www.brownpapertickets.com/event/104534>

All proceeds support non profit CAN.

SHOWCASE

EXCHANGE

CELEBRATION



**TED** Ideas worth spreading



Compassionate  
Action Network



THE DALAI LAMA  
CENTER  
FOR PEACE+EDUCATION



CENTER FOR  
SPIRITUAL  
LIVING



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## It's Up to Us!

9:00 – 9:30AM  
Welcome to the Day

9:30 – 10:00AM  
Seattle Compassionate  
City Proclamation

10:00 – 10:30AM  
Showcase Opens  
Karen Armstrong

10:30 – 11:45AM  
Showcase I  
Personal and Intergenerational  
Compassion, Ruby Love, The College  
Success Foundation

11:45AM – 1:00PM  
Lunch

1:15 – 2:55PM  
Showcase II  
Compassion in Business,  
Institutions and Society  
Courtney E. Martin

3:10 – 4:40PM  
Showcase III  
Thriving Communities and  
Caring for the Earth  
James O'Dea

10:30AM – 5:00PM

### Compassion Exchange

### First Ever Compassion Exchange

Offer your gifts of time,  
talent, and treasure to  
organizations building  
a compassionate  
community.

5:00 – 7:30PM  
Evening  
Celebration

- Reflections from Karen Armstrong
- Playback Theatre
- Circus of Love
- Intiman Theatre
- Rafe Pearlman
- And more!

## FESTIVAL PROGRAM

### SHOWCASE

Discover nationally known speakers and inspiring local panelists.

### EXCHANGE

Come prepared to give your heart away!

### CELEBRATION

Join local artists, musicians, dancers, and actors in a celebration of compassion.

